

# **Senior Lifeguard**

**Department:** Parks and Recreation

**SUMMARY:** Assists with the planning, coordinating, operations and supervision of various aquatics programs including public open swimming, learn-to-swim classes, swim team, swim meets, special swim sessions and American Red Cross training classes. Receives general instruction but applies specialized skills and training in planning, coordinating, operating and supervising aquatic activities.

**ESSENTIAL FUNCTIONS:** Essential functions, as defined under the Americans with Disabilities Act, may include any of the following representative duties, knowledge, and skills. Factors such as regular attendance at the job are not routinely listed in job descriptions, but are an essential function. Essential duties and responsibilities may include, but are not limited to, the following:

Plan, organize, direct and supervise a wide variety of aquatic activities at the swimming pool, including learn-to-swim lessons.

Schedule, supervise and direct staff, pool patrons, contractors and volunteers.

Inspect aquatic areas, facilities and equipment to insure the safety of participants and spectators.

Ensure pool rules and regulations are being followed.

Administer lifesaving techniques and first aid.

Supervise and participate in the issuance, use, care and maintenance of aquatic supplies and equipment.

Prepare various reports on operations and activities.

Communicate effectively with co-workers, parents, pool patrons, program participants, contractors and volunteers.

Participate and lead in-staff training session and lifesaving techniques and drills.

Provide support for access to programs, buildings and services.

May serve as Pool Manager or assistant.

Support the City's policies, goals and objectives and work with management and other staff to ethically achieve such goals and objectives; ensure compliance with safety procedures.

# **KNOWLEDGE AND SKILLS:**

## **Demonstrated Knowledge of:**

City and Department procedures, policies and guidelines.

Uses and purposes of aquatics equipment including lifesaving devices.

Pool safety operations, services and activities of aquatic programs and life guarding.

Principles and practices of supervision, leadership and training.

#### Skill in:

Establishing and maintaining cooperative working relationships with coworkers and other individuals in contact during the course of work; communicating clearly and concisely; following instructions.

Applying lifesaving techniques and rendering first aid to various age groups.

Dealing tactfully and courteously with pool patrons and spectators.

Reacting quickly and calmly in emergency situations

#### **MINIMUM QUALIFICATIONS:**

Must have two (2) seasons of experience as a lifeguard, swim instructor or related field; one of which included supervision.

## LICENSE, CERTIFICATION AND/OR SPECIAL REQUIREMENTS:

Candidates who are selected for appointment may be required to be fingerprinted, if 18 or older; successfully complete a background investigation, employment verification and may be subject to a drug/alcohol test, medical, polygraph and/or psychological evaluation. Candidates who are appointed will be required to possess a valid driver's license to operate a vehicle in Arizona, or meet the transportation needs of the position.

- Lifeguard, Waterpark, First Aid, CPR/AED for the Professional Rescuer, and Water Safety Instructor certifications from a professionally recognized provider such as American Red Cross, Ellis or Starfish.
- If assigned as <u>Pool Manager or Assistant Manager</u> within two (2) months of appointment shall
  have successfully completed a lifeguard supervisor training course from a professionally recognized
  provider such as American Red Cross, vanGUARD, etc.

### PHYSICAL DEMANDS AND WORKING ENVIRONMENT:

Work is performed in outside weather conditions with high exposure to the sun. Regularly required to sit, stand, walk, run and climb. Required to demonstrate the ability to swim a continuous 500 yards while performing the breaststroke, backstroke, sidestroke and freestyle; tread water for two minutes using legs and feet only. Must be able to dive into twelve (12) feet of water, and retrieve a 10 pound weight; swim 25 yards in 25 seconds with a rescue tube underneath body doing approach or breast stroke and demonstrate rescue techniques and skills. Vision abilities required by this job include close perception, distance vision, peripheral vision, depth perception, and the ability to adjust focus. Regularly required to reach with hands and arms, and to use hands to finger, handle, feel or operate objects, tools and equipment. May work a flexible schedule which includes nights, weekends, holidays and extended hours.

Adopted:

Formerly: Lifeguard III/Head Lifeguard

Revised: Dec, 2013; Nov, 2014; Dec, 2015; Jan. 2021